



The gym schedule is always available online at [www.midymca.org](http://www.midymca.org)

## FALL GYMNASIUM SCHEDULE: Beginning November 15th

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00-7:00am Open Gym	6:00-9:00am Open Gym	6:00-7:00am Open Gym	6:00-10:00am Open Gym	6:00-7:00am Open Gym	7:00-9:00am Open Gym	
7:00-9:00am Basketball		7:00-9:00am Basketball		7:00-9:00am Basketball	9:00-9:45 Youth Sports Class	7:00-9:15am Open Gym
9:00-10:00am Open Gym	9:00-10:00am P/C Class	9:00-10:00am P/C Class		9:00-10:00am P/C Class	10:30-11:30am P/C Class	9:30 – 10:30am Youth Sports Class
10:00-11:00am Childcare Center* (Rainy days only)	10:00-11:45pm Childcare Center* (Rainy days only)	10:00-12noon Childcare Center* (Rainy days only)	10:00-11:45pm Childcare Center* (Rainy days only)	10:00-11:45am Childcare Center* (Rainy days only)	11:30-Noon Family Gym	10:45 – 11:45am Family Gym
11: 00-2:00pm Open Gym	11:45-12:45pm Open Gym	Noon -12:30pm Open Gym	11:45-12:45pm Open Gym	11:45 -12:30pm Open Gym	Noon-1:15pm Birthday Parties	11:45-1:00pm Birthday Parties
	12:45-1:30pm The Academy	12:30-1:30pm Roadside Academy	12:45-1:30pm The Academy	12:30-1:30pm Roadside Academy	1:15 – 2:00pm Family Gym	1:00 – 2:00pm Family Gym
2:00-6:00pm Youth & Family Gym	1:30-6:00pm Youth & Family Gym	1:30-6:00pm Youth & Family Gym	1:30-6:00pm Youth & Family Gym	1:30-6:00pm Youth & Family Gym	2:00-6:00pm Open Gym	2:00-5:00pm Open Gym
6:00-7:00pm ½ Youth & Family ½ Drop in Basketball	6:00-7:00pm ½ Youth & Family ½ Drop in Basketball	6:00-7:00pm ½ Youth & Family ½ Drop in Basketball	6:00-7:00 pm ½ Youth & Family ½ Drop in Basketball	6:00-7:00pm ½ Youth & Family ½ Drop in Basketball		
7:00-9:00pm Drop in Basketball	7:00-9:00pm Drop in Basketball	7:00-9:00pm Drop in Basketball	7:00-9:00pm Drop in Basketball	7:00-9:00pm Drop in Basketball		

\* Childcare Center morning hours – during inclement weather only.

**Open Gym** hours on weekends are for individuals of all ages.

**Youth & Family Gym** hours will include opportunities for free recreational play, as well as organized games for youth of all ages.

**Drop in Basketball** is individuals over 14 years of age.

### Membership Code of Conduct

- \* Members are expected to conduct themselves according to the YMCA character development values of caring, honesty, respect & responsibility
- \* Anyone fighting, using foul language, being disrespectful or acting inappropriately will be asked to leave the YMCA
- \* Please lock valuables in a locker, the YMCA is not responsible for lost or stolen property
- \* Members are responsible for their guests
- \* Please see YMCA staff with any concerns