

# WHAT IS MY TIME?

My Time is a scholarship program that serves families who have an immediate family member being treated for or who have recently lost their battle with cancer. At the YMCA, we understand that cancer affects the whole family emotionally and financially.

## A My Time scholarship allows a family the following opportunities:

- For children whose family has been affected by cancer, My Time allows them to experience the joy of an Outdoor Day Camp at YMCA Camp Ingersoll and for a short time to escape the chaos that cancer has inflicted on his/her life.
- For families with children in Middletown, Portland, Cromwell and East Haddam elementary schools who are undergoing a financial strain due to the costs associated with cancer treatment, My Time can offer financial assistance for the YMCA's Kids Korner Before & After School care.
- For adults and families who are looking for wellness opportunities to offset the stress and chaos that cancer has caused, My Time offers a Membership to the YMCA.



**TOGETHER.**  
**Building a Better Community**  
**for a Better Us.**



# MY TIME SCHOLARSHIP PROGRAM

**Helping Families Overcome  
the Challenges of Cancer**



**NORTHERN MIDDLESEX YMCA**  
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Middletown, CT 06457  
[www.midymca.org](http://www.midymca.org)



**FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY**

# ONE FAMILY'S STORY

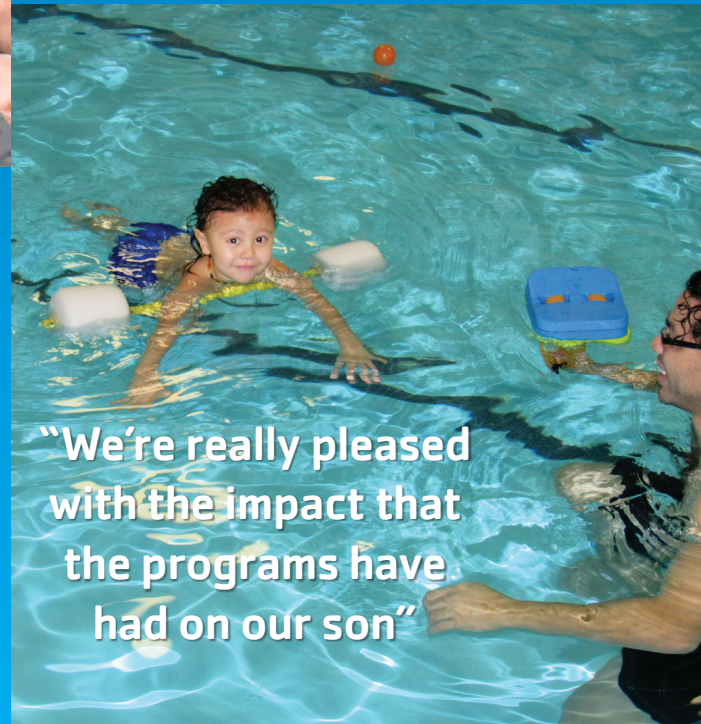
In April 2016, Kay Hammerson was diagnosed with Stage 4 metastatic melanoma. Alexis Gomez shares that "it took the backbone out of their family." During one of her hospital stays, a friend told her about a scholarship program called My Time which is offered at the Northern Middlesex YMCA for families experiencing cancer. The My Time program offered them an opportunity to return into the YMCA family; a family that they were a part of during their adolescence. It has also provided them more normalcy in their lives while living with cancer.



With a member scholarship, they were able to sign their son, Orion, up for swimming lessons. "While in the pool, Orion learns a lifesaving skill while spending quality time with his father," said Kay. "It's great to get that in my son's life, our family's life," said Alexis. A YMCA membership provides opportunities for socializing, fitness and improving Orion's motor skills. It also helps their family to face and overcome new challenges.

"This past year has been a wakeup call when it comes to health and wellness and focusing on what's important," said Kay. "I think the connection with the community and building family relationships is what the Y stands for and that's really what we have found. It's been helpful to us, for our family. We're really pleased with the impact that the programs have had on our son and we are looking forward to doing more together."

Each week, their My Time scholarship provides them with opportunities to grow stronger as a family, spend quality time together and stay connected with their community as they navigate through this difficult time. They are grateful to everyone who helps to support this program and to make a difference in their lives.



"We're really pleased with the impact that the programs have had on our son"

## HELP SUPPORT MY TIME

Name \_\_\_\_\_

Company \_\_\_\_\_

Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Phone \_\_\_\_\_  
(required with credit card payment)

☐ **YES!** I would like to be sent Middlesex Y emails & event info:

Email \_\_\_\_\_

☐ **YES!** I Have left the YMCA in my will.

☐ **YES**, today I want to GIVE FOR A BETTER US, with a gift of: ☐ \$50 ☐ \$100 ☐ \$250 ☐ \$500  
☐ \$1,000 ☐ Other \$ \_\_\_\_\_

Gifts of stock and IRA distributions are welcomed. For more information, contact Lori Lodge, Director of Fund Development at (860) 343-6232 or [llodge@midymca.org](mailto:llodge@midymca.org)

### PAYMENT OPTIONS:

☐ Check: A check for \$ \_\_\_\_\_ is enclosed, made payable to the Northern Middlesex YMCA.

☐ Credit Card: ☐ ONE-TIME or ☐ MONTHLY RECURRING donation of \$ \_\_\_\_\_.

### AUTHORIZATION FOR RECURRING DONATIONS:

I authorize the donation amount to be automatically deducted each month, unless otherwise requested. I may cancel this authorization at any time by notifying the bank or Northern Middlesex YMCA.

VISA/MC \_\_\_\_\_

Exp. Date \_\_\_\_\_ Security Code \_\_\_\_\_

Signature \_\_\_\_\_

Solicitor \_\_\_\_\_

### MATCHING GIFT

Check with your Human Resources Department to find out if your company will match your donation to the Middlesex YMCA. The Middlesex YMCA Tax Identification Number (also known as Employer Identification Number or EIN) is 06-0646981.

**You may also donate online at any time by visiting [www.midymca.org/giving.html](http://www.midymca.org/giving.html)**