



The Northern Middlesex YMCA has served as a community hub for more than 137 years. We have a strong history of bringing diverse neighbors together, creating social connections and building unity.

12,000+

men, women, and children – regardless of age, income or background – look to the Y for community and support for a healthier life each year.

OUR TIME IS NOW

Our century-old facility is now inefficient and unable to support the innovative programming needed by today's adults and families.

That's why we have launched our ALL TOGETHER BETTER Capital Campaign to ensure our community has the resources and support they need to address critical needs today – and for generations.

YOU ARE AN IMPORTANT PART OF THIS VISION. HELP US MAKE THIS A REALITY.

“It’s our civic duty to give back to a community that has given so much to our way of life – and the Middlesex YMCA has, and will continue to, be the lifeblood of our region.”
– Kelly Smith, Campaign Co-Chair

“For over 125 years the Middlesex YMCA has been a bedrock of our community. Its unwavering support of all people in our region for housing, healthy living and childcare is as vitally important today as it has been over the past century. This new and improved facility will continue to be that welcoming cornerstone to all people of Middlesex County, and the foundation of future economic and community growth.”
– Rich Carella, Campaign Co-Chair



NORTHERN MIDDLESEX YMCA
99 Union Street
Middletown, CT 06457
860-343-6203
MIDYMCA.org



the Y YMCA
ALL TOGETHER BETTER
TRANSFORMING THE NORTHERN MIDDLESEX YMCA



We have a bold plan to create something that all of our neighbors can enjoy and benefit from for generations.

FACILITY EXPANSION AND RENOVATION PLANS

- Facility redesign focused on accessibility, efficiency and flexible program spaces
- Accessible entrance just steps away from the parking lot
- New, dedicated space for youth and teens
- Welcoming and inclusive lobby and central meeting space
- Enhanced Child Watch to provide care for children when parents exercise
- Expanded wellness space with flexible, adaptable rooms to address diverse interest and needs
- Create space for community programs supporting mental wellness and chronic disease prevention
- Adult amenities to include steam room, whirlpool, and sauna
- Adult and family locker rooms with increased privacy

CREATING MORE OPPORTUNITIES FOR OUR COMMUNITY

- Create an **inclusive, fully accessible space** where people from all backgrounds can connect, build community, and thrive.
- Support **youth and teens** with safe, engaging spaces and positive role models to help them grow.
- Expand **chronic care prevention** programs while engaging in meaningful partnerships with the medical community.
- Expand **Early Childhood Development Programs** that support a lifetime of academic success.
- Contribute to **downtown revitalization** and align with Middletown's Riverfront Project.
- Build a more **energy-efficient** facility
- Ensure the **quality of the facility** reflects the quality of our programs and services.



YOU CAN HELP CHANGE LIVES

The YMCA's **ALL TOGETHER BETTER** Campaign is your opportunity to provide support for a revitalized Middlesex Y. We are asking the community to support this exciting effort. Gifts of any amount will make a difference and help to change lives.

RECOGNITION WALL

While all donors will be acknowledged, special recognition opportunities are available for gifts of \$1,000 or more. Your recognition will be prominently displayed at the Middlesex YMCA.

SCAN TO DONATE ONLINE OR RETURN THE PLEDGE CARD



Please contact Betsy Schroeder at 860-343-6203 if you wish to give a gift of stock.

Consider donating in honor or memory of someone special. The recognition can feature the name of the individual, family, company or business you wish to honor.

YES! I WANT TO CHANGE LIVES.

One-Time Gift

- I prefer to make a one-time donation to the Northern Middlesex YMCA for \$ _____.
- Enclosed is my check. (Make check or money order payable to Northern Middlesex YMCA.)

OR Charge my account:

- VISA Mastercard Discover

Acct. Number _____

Exp. Date _____ Security Code _____



Three-Year Pledge (Option for pledges of \$1,000+)

- My total pledge is \$ _____.
- Please invoice me: Quarterly Annually beginning _____, 2025.

Name _____

Company _____

Address _____

City _____ State _____ Zip _____

Primary Phone _____

Email _____

Name to appear in recognition: _____

I/we wish to remain anonymous

My gift will be matched by: _____

Signature _____

Date _____

Please complete and return to:

Northern Middlesex YMCA
ATTN: Betsy Schroeder
99 Union Street
Middletown, CT 06457

NOTE: Donations are tax deductible to the extent allowed by the law. Deductibility of your contribution should be referred to your tax advisor.