

Middlesex YMCA Hold/Frozen Policies

- This form must be completed in full and submitted to the YMCA prior to the first day of the month you wish to suspend your membership. Late submission will result in payment for an additional month, with the hold becoming effective the following month. Telephone requests will not be accepted.
- Hold periods may only start on the first of the month, for a minimum period of 1 full month up to but no greater than 4 full months.
- Payments will automatically resume as of the first of the month following the end date, regardless of facility usage.
- **Payroll Deduction Members**: If your membership is paid through a payroll deduction plan, completing this form is only STEP 1 in the process. In order to suspend your payroll deductions during your hold absence, STEP 2 is for you to contact your payroll department. The YMCA is not authorized to contact your employer on your behalf.

Member Name:		Member ID:
MEMBER EMAIL:		
Membership Type and Payment Plan		Monthly Draft Paid in Full Payroll Deduction
Hold Reason:		
From (start date):	Until (end date):	
Membership/Payments resume effective:		(must be the first of the month after the end date)
Member Signature: YMCA Office Use Only		Date:
YMCA Staff (print name):		Date: