

# Transforming Youth Aggression: Comprehensive Screening and Interventions

Tuesday, November 12, 2024, 2:30 p.m. – 5:00 p.m. EST

The Connecticut Behavioral Health Partnership (CT BHP) in conjunction with the Connecticut Hospital Association is proud to sponsor a virtual, professional forum that explores behavioral health treatment interventions and screening tools for youth struggling with symptoms of aggression. Our forum aims to understand the challenges, share best practices and relevant research, and review screening interventions for youth struggling with aggressive behaviors.

Join leading experts to:

- explore clinical characteristics and diagnostic assessment of irritability and aggressive behavior in youth
- identify principles of cognitive-behavioral therapy (CBT) to treat youth with aggression and irritability
- develop an understanding of and research supporting the Brief Rating of Aggression by Children and Adolescents (BRACHA) assessment tool

## Presenters:



**Denis G. Sukhodolsky, Ph.D.** is a professor in the Yale Child Study Center and the author of the book *Cognitive-Behavioral Therapy for Anger and Aggression in Children*. He conducts clinical research of behavioral interventions for irritability and aggressive behavior in children with neurodevelopmental disorders such as autism spectrum disorder, attention deficit hyperactivity disorder (ADHD), and Tourette Syndrome. This work has been supported by grants from National Institutes of Health, Department of Defense, Simons Foundation and other agencies. Currently, he is a principal investigator of a clinical trial of behavior therapy for irritability in adolescents with autism. In addition to his clinical research, Dr. Sukhodolsky works with children and families at the Yale Child Study Center and teaches a course on pediatric irritability and disruptive behavior disorders to the child psychiatry fellows at the Yale School of Medicine.



**Drew Barzman, MD** is the Director of Child and Adolescent Forensic Psychiatry at Cincinnati Children's Hospital and a professor at the University of Cincinnati Department of Psychiatry and Behavioral Neuroscience. Dr. Barzman's most significant professional achievements include helping children and families, research, and mentoring undergraduate and graduate students. He has authored various publications on many different topics including school violence and risk assessments, forensic psychiatry, mental health and behavioral challenges among youth and adolescents, and the Brief Rating of Aggression by Children and Adolescents, or BRACHA, screening tool.



This event is available at no cost to you and offers the following *pending* credits: National Association for Social Workers (NASW) continuing education credits (CECs) and continuing medical education credits (CMEs) for physicians and nurses. This educational forum has been approved by the Department of Mental Health and Addiction Services (DMHAS) for psychologist CECs. Carelon Behavioral Health is an approved trainer for the Connecticut Certification Board (CCB).

For additional information, please contact [Jackie.Cook@carelon.com](mailto:Jackie.Cook@carelon.com) or [ctbhp@carelon.com](mailto:ctbhp@carelon.com)

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